



PREPARING FOR THE TIGER "COLOR" RUN 2023

1. For a top, we RECOMMEND participants/students wear their WHITE Tiger Run Shirt or another WHITE SHIRT that can show the "color powder."
2. For bottoms we recommend wearing anything that will be ok if they remain stained. Most colors should come off after washing.
3. DO NOT WEAR PE UNIFORM
4. OLD and NON SCHOOL tennis shoes are RECOMMENDED because they may get stained.
5. We recommend an extra change of clothes to change into after the run is over.
6. Participants who purchase color powder packets should toss the contents of their color powder packets up into the air and not into the faces of other participants
7. CHECK-IN/REGISTRATION will take place from 7:45 - 8:20 am
8. Every participant needs to CHECK-IN by 8:20 am to get their running number and CONFIRM their attendance.
9. WARM-UP starts at 8:25 am
10. The TIGER "COLOR" RUN starts at 8:30 am
11. A different color will be tossed every 7 to 10 minutes

WILL OLP ACCEPT PLEDGES THE DAY OF THE TIGER "COLOR" RUN?

Yes. Go to the Food Sale Table and find Mrs. Cuevas. Pledges will only be accepted in cash or check payable to Our Lady of Peace School.

WILL OLP ACCEPT COMMUNITY REGISTRATIONS THE DAY OF THE TIGER "COLOR" RUN?

Yes. Go to the Registration Table and find Ms. Sarah. Registration will only be accepted in exact cash or check payable to Our Lady of Peace School.

WHAT TYPE OF FOOD/SNACKS WILL BE SOLD?

Coffee, water, gatorade, sodas, donuts, hot dogs and chips. A pre-order link will be sent shortly.

OTHER HELPFUL FAQs

WILL THE COLOR RUIN MY CLOTHES OR RUNNING SHOES?

The color mostly washes out after the event. As with anything dirty, the sooner you wash it the better. It's best to wear items that you wouldn't mind getting colorful.

CAN I WEAR SOMETHING ON MY EYES AND/OR FACE?

- Participants may choose to wear some type of protective eye covering, like glasses or goggles.
- Participants may also choose to wear a mask, kerchief or some type of covering over their mouth and nose to minimize inhalation of the color dust.

FULL COLOR CLEANING IDEAS AND TIPS

HAIR

Some hair types just love our color a little more than others. The good news? We have yet to hear of anyone suddenly having permanently pink hair after our event. It will come out! Here are a few tips for keeping your hair color free:

- Treat your hair with a leave-in conditioner before the event- especially on the ends for highlighted or bleached hair.
- Consider a hat or bandana.
- After the event, dust off any loose powder before hopping in the shower.
- Wash your hair a few times, if necessary.
- If any color still sticks, repeat!

CLOTHES

Generally, your clothes will return to their pre-color-loving state. We do have a few tips to help as you clean them:

- After the event, dust and shake off as much color as possible.
- Rinse your colorful clothes in cold water before running a wash cycle- and then wash as you normally would.
- Don't wear your brand-new suede boots. Save those for the after party.
- If color is still holding on, wash it all again!

GEAR

Strollers, car interiors, camera straps, purses... Our color is wild and free at the event. To keep your gear clean, remember the following:

- Blowing, shaking, vacuuming, or dusting off your gear before washing it is best. Put some gusto in it!
- After removing as much excess powder as possible, spot clean as needed.
- Some gear may take more time and effort to get back to normal. Best practice is to not bring anything you are too worried about having lingering color.